

## Study of ethno-botanical herbaceous plants and their utilization in district Agra, Uttar Pradesh

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### ABSTRACT

Uttar Pradesh is known as a rich source for valuable medicinal herbs. These herbs found here are distributed throughout India and to various parts of the world. From the ancient time herbs have been used as the source of botanical medicine by the human beings. Herbs are the richest source of medicines due to the presence of biochemicals in them which are useful to cure various diseases. The present study includes ethno-botanical importance of the herbs commonly used by different local communities. Ethno-botanical density as well as diversity may vary from region to region and habitat to habitat. Keeping this in view an extensive survey work was carried out in Agra (western part) of Uttar Pradesh state of India for the medicinal herb resources to obtain information about the traditional uses and knowledge of local people about these popular herbs. Based on the results it was found that 118 species had useful medicinal uses to treat different human and livestock ailments. Various plant parts were being used for curing different types of serious diseases such as tuberculosis, leprosy, asthma, piles, dengue fever, typhoid, blood bleeding etc in human beings and domestic animals.

**Keyword:** Medicinal herbs; medicinal values; ethno-botany; traditional use

### INTRODUCTION

Man has been using several plants to avert pain, cure diseases and to provide relief from health problems. The ancient people and old cultures over ages knew the use of several medicinal plants to cure diseases (Sher et al 2011). India has perhaps the richest repository of traditional knowledge on the medicinal uses of plants. The country possesses an ancient system of healthcare-based medicinal plants of diverse nature ranging from higher plants to microorganisms from which more than 80 per cent of therapeutic products are derived and have been used for 6,000-7,000 years (Balakrishnan et al 2009).

The economic benefits of livestock populations remain low due to prevailing livestock diseases which are among the principal bottlenecks of livestock performance and cause of high economic losses of the resource poor farmers (Tekle 2014). A great variety

of traditional materials are used to treat and prevent livestock health problems (Bekele and Musa 2009). Medicinal plants which have been used both for prevention and cure of various diseases of humans and animals from time immemorial occupy the largest portion (Giday and Ameni 2003).

In the recent years interest in herbal medicines has increased both at home and abroad as they are known to be comparatively less toxic than the synthetics (Yusuf et al 2007). It is not the economic botany rather more of pure economics as associated with the tribal medicine; it is at a very young stage as far as the studied area is concerned (Ali and Ghosh 2006).

### METHODOLOGY

Reconnaissance surveys were conducted throughout the district for locating the community groups, their distribution, status and traditional way of

life, the degree of traditional knowledge practices etc. The selected villages were visited regularly and data pertaining to herbs in their life and culture were gathered periodically. Ethno-botanical information was gathered either by interviewing the informants or from the direct observation from the field itself on the uses of herbs. The information of a particular herb used by the community was tested directly or indirectly. The reliability of the information of the herbs used was assessed after repeated verification.

The present investigations were conducted in Agra district of Uttar Pradesh to study the ethno-botany of plants with its utilization (Fig 1). Phytosociological aspects of important forest herbs were gathered to study at four different sites viz Mau Forest, Taj Nature Walk , Kitham Lake (Raunakata) and Chambal Safari (Bahpinahat Agra) in Agra during the year 2016. Study site is situated in the extreme southwest corner of Uttar Pradesh having stretches across  $26^{\circ} 44' N$  to  $27^{\circ} 25' N$  and  $77^{\circ} 26' E$  to  $78^{\circ} 32' E$  at an elevation 171 m amsl. Its borders touch Rajasthan to its west and south, the district of Firozabad to its East and the districts of Mathura and Etah to its North at the banks of Yamuna and Chambal rivers and has limited forest area sporting trees of Babul, ber, neem and Peepal.

## RESULTS and DISCUSSION

The study revealed that there were 118 herbs belonging 36 families which were used as medicines.

Maximum (52) herb species were available on Kitham Lake (Raunakata) followed by Taj Nature Walk (29) and Chambal Safari (13) while Bahpinahat Agra had minimum (7) number of species available on Mau Forest and 17 species were common to all the four sites.

Among the 36 herb families maximum species (19) were represented by Asteraceae followed by Poaceae species (14), Fabaceae (10), Amaranthaceae (8), Euphorbiaceae (8), Malvaceae (7), Convolvulaceae (7), Solanaceae (6), Cucurbitaceae (5), Acanthaceae (4), Verbenaceae (2), Commelinaceae (2), Lamiaceae (2) and minimum by Lythraceae (1), Papaveraceae (1), Liliaceae (1), Plantaginaceae (1), Chenopodiaceae (1), Capparaceae (1), Menispermaceae (1), Gentianaceae (1), Cyperaceae (1), Pontederiaceae (1), Boraginaceae (1), Linderniaceae (1), Onagraceae (1), Marsileaceae (1), Pedaliaceae (1), Oxalidaceae (1), Asclepiadaceae (1), Piperaceae (1), Araceae (1), Portulacaceae (1), Polygonaceae (1), Aizoaceae (1), Zygophyllaceae (1).



**Fig 1. The study area in Agra district Uttar Pradesh**

Table 1. Ethnobotanical aspects of herbs in Agra district of Uttar Pradesh

Botanical name	Family	Local name	Site	Community	Uses
<i>Abutilon hirtum</i>	Malvaceae	Kanghi	Kitham Lake (Raunakata) Common	Vaidhya Yadav	Demulcent, diuretic, treats diarrhoea; bladder inflammations, wounds and ulcers The leaves used in eye wash, mouth wash, catarrh and bilious diarrhoea
<i>A indicum</i>	Malvaceae	Country Mallow			
<i>Achyranthes aspera</i>	Amaranthaceae	Latjira, Chirchira	Common	Vaidhya	Traditional healer; used in treatment of asthma, bleeding, facilitating delivery, boils, bronchitis, cold, cough, colic, debility, dog bite, dysentery, ear complications, headache, leucoderma, pneumonia, renal complications, scorpion bite, snake bite and skin diseases Roots used to cure coughing and bronchitis; boiled tea of the leaves reduces fever
<i>Acanthospermum hispidum</i>	Asteraceae	Kattunerinji	Taj nature walk	Vaidhya	The leaves put into soup or eaten as spinach or as a vegetable
<i>Aerva lanata</i>	Amaranthaceae	Gorakhbuti or Kapurijadi	Kitham Lake (Raunakata) Mau Forest	Shepherd Jatav	The plant used for ornamental purpose
<i>Ageratum houstonianum</i>	Asteraceae	Ajandha, Ganghili			
<i>Ageratum conyzoides</i>	Asteraceae	Yoruba: Imiesu	Kitham Lake (Raunakata)	Yadav	Treatment of ulcers, skin diseases and fever and used for wound dressing
<i>Alternanthera paronychioides</i>	Amaranthaceae	Mart	Kitham Lake (Raunakata)	Yadav	Paste of young shoots with black pepper prescribed to cure acute cough; leaves with a pinch of salt orally administered to cure intestinal worms
<i>A sessilis</i>	Amaranthaceae			Mallah	Eaten as vegetable and salad
<i>Alysicarpus monilifer</i>	Fabaceae	Alyce Clover	Kitham Lake (Raunakata)	Mallah	Vegetable species consist of the various parts (sheets, stems, pods and roots)
<i>A ovalifolius</i>	Fabaceae	False Moneywort	Mau Forest	Jatav	The species good forage for horses and cattle; tolerates heavy grazing well
<i>Ammannia baccifera</i>	Lythraceae	Blisterjannannia	Kitham Lake (Raunakata)	Vaidhya	Treating biliousness [bad digestion, stomach pains, constipation, excessive flatulence (passing gas)]
<i>Argemone mexicana</i>	Papaveraceae	Prickly Poppy	Common	Vaidhya	Extraordinarily important plant for the Aztecs, especially for ritualistic purposes
<i>Aphuda mutica</i>	Poaceae	Mauritian Grass	Chambal Safari (Bahpinahat, Agra)	Shepherd	Good fodder especially for buffaloes when young, green internodes very long
<i>Asphodelus alternifolius</i>	Liliaceae	Onion Weed	Kitham Lake (Raunakata)	Yadav	Used in the manufacture of paints, varnishes and soap
<i>Axonopus</i> spp	Poaceae	Pearl Grass	Kitham Lake (Raunakata)	Yadav	A good ground cover to prevent soil erosion; used widely as a lawn grass in the tropical and subtropical areas

<i>Bacopa monnieri</i>	Plantaginaceae	Barami	Mau Forest	Vaidhya
<i>Brachiaria ramoso</i>	Poaceae	Brown top Millet	Kitham Lake (Raunakata)	Mallah
<i>Bidensspilososa</i>	Asteraceae	Spanish Needles	Kitham Lake (Raunakata)	Mallah
<i>Bryonopsis laciniosa</i>	Cucurbitaceae	Shivilingi	Chambal Safari (Babpinahat, Agra)	Vaidhya
<i>Cassia tora</i>	Fabaceae	Coffee Pod	Common	Vaidhya
<i>Celosia argentea</i>	Amaranthaceae	Quail Grass	Kitham Lake (Raunakata)	Brahman
<i>Chenopodium album</i>	Chenopodiaceae	Bathua	Kitham Lake (Raunakata)	Yadav
<i>Chloris barbata</i>	Poaceae	Swollen Windmill Grass	Taj Nature Walk	Shepherd
<i>Cirsium arvense</i>	Asteraceae	Creeping Thistle	Kitham Lake (Raunakata)	Mallah
<i>Citrullus vulgaris</i>	Cucurbitaceae	Hindworanah	Chambal Safari (Babpinahat, Agra)	Shepherd
<i>Cleome viscosa</i>	Capparaceae	Banosorisho	Kitham Lake (Raunakata)	Vaidhya
<i>Clerodendron infortunatum</i>	Verbenaceae	Hill Glory Bower	Taj Nature Walk	Vaidhya
<i>Clitoria ternatea</i>	Fabaceae	Aparajita	Taj Nature Walk	Vaidhya
<i>Coccinia hirsutus</i>	Menispermaceae	Monkey Rope	Common	Vaidhya
<i>Coccinia grandis</i>	Cucurbitaceae	Kundru	Chambal Safari (Babpinahat, Agra)	Mallah
<i>Commelinacina</i>	Commelinaceae	Benghal Dayflower	Chambal Safari (Babpinahat, Agra)	Mallah
<i>benghalensis</i>		Climbing Dayflower	Kitham Lake (Raunakata)	Vaidhya
<i>C diffusa</i>		Shankhpushpi	Kitham Lake (Raunakata)	Vaidhya
<i>Convolvulus pluricaulis</i>	Gentianaceae		Taj Nature Walk	Yadav
<i>Corchorus aestuans</i>	Malvaceae	Hade-Ka-Khet, Chonch		Eaten as salad vegetable or potherb, used for vegetable bouillon

<i>C olitorius</i>	Malvaceae	Jute Mallow	Kitham Lake (Raunakata)	Vaidhya
<i>Croton bonplandianum</i>	Euphorbiaceae	Ban Tuli	Common	Vaidhya
<i>Cynodon dactylon</i>	Poaceae	Dub	Common	Shepherd
<i>Cyperus</i> spp	Cyperaceae	Motha	Common	Brahman
<i>Dactyloctenium aegyptium</i>	Poaceae	Coast Button Grass	Chambal Safari (Babpinahat, Agra)	Mallah
<i>Digitaria sanguinalis</i>	Poaceae	Hairy Crabgrass	Mau Forest	Jatav
<i>Desmodium gangeticum</i>	Fabaceae	Sarivan	Kitham Lake (Raunakata)	Yadav
<i>Desmostachya bipinnata</i>	Poaceae	Daab	Common	Yadav
<i>Dichanthium annulatum</i>	Poaceae	Delhi Grass; Jargu Grass Lesua	Taj Nature Walk (Raunakata)	Vaidhya
<i>Digera arvensis</i>	Amaranthaceae	Put Loguli Jungle Rice	Taj Nature Walk Taj Nature Walk	Shepherd
<i>Diplocyclos palmatus</i>	Cucurbitaceae			Vaidhya
<i>Echinochloa colona</i>	Poaceae			Mallah
<i>Eclipta prostrata</i>	Asteraceae	Bhangra	Kitham Lake (Raunakata)	Yadav
<i>Eichhornia crassipes</i>	Pontederiaceae	Water Hyacinth	Kitham Lake (Raunakata)	Mallah
<i>Emilia sonchifolia</i>	Asteraceae	Cupid's Shaving Brush	Kitham Lake (Raunakata)	Vaidhya
<i>Euphorbia geniculata</i>	Euphorbiaceae	Wild Poinsettia	Kitham Lake (Raunakata)	No evidence
<i>E heterophylla</i>	Euphorbiaceae	Fireplant	Kitham Lake (Raunakata)	Extract of leaves used for anti-inflammatory activities by carrageenan-, histamine- and dextran-induced rat paw edema
<i>E hirta</i>	Euphorbiaceae	Asthma Herb	Common	Leaves and flowers of the plant used to treat leucorrhoea in females among people of tribes in Bangladesh
<i>E indica</i>	Euphorbiaceae	Doodal	Taj Nature Walk	Applied externally on ulcers, cuts and burns
<i>E microphylla</i>	Euphorbiaceae	None	Taj Nature Walk	No evidence
<i>E thymifolia</i>	Euphorbiaceae	Chhotiduddhi	Taj Nature Walk	Used in ophthalmia and other eye troubles, ardor, sores, atrophy, dysentery and breast pain
<i>Gnaphalium polycaulon</i>	Asteraceae	Banpalang	Mau Forest	The plant being astringent and vulnerary, whole plant used as cattle fodder

<i>Gomphrena celosioides</i>	Amaranthaceae	Bonnobotaphul	Kitham Lake (Raunakata)	Vaidhya
<i>G decumbens</i>	Amaranthaceae	Bachelor's Button	Chambal Safari (Bahpinahat, Agra)	No evidence
<i>Heliotropium ovalifolium</i>	Boraginaceae	Grey Leaf Heliotrope	Kitham Lake (Raunakata)	Leaves chewed as a substitute for tobacco
<i>Indigofera cordifolia</i>	Fabaceae	Heart Leaf Indigo	Kitham Lake (Raunakata)	Used in India as a Nila
<i>Illicium</i>	Fabaceae	Birdsville Indigo	Taj Nature Walk	The primary use as a dye for cotton yarn mainly for the production of denim cloth for blue jeans
<i>Ilinifolia</i>	Fabaceae	None	Kitham Lake (Raunakata)	No evidence
<i>Ipomea hederacea</i>	Convolvulaceae	Ivy Leaf Morning-Glory	Taj Nature Walk	Juice of the leaves used to treat eye inflammations, cataracts
<i>Inil</i>	Convolvulaceae	Japanese Morning Glory	Kitham Lake (Raunakata)	Used as a purgative
<i>Obscura</i>	Convolvulaceae	Cirntai	Kitham Lake (Raunakata)	It is used to cure cold, asthma, dry cough and chest cold
<i>Icairica</i>	Convolvulaceae	Cairo Morning Glory	Kitham Lake (Raunakata)	Leaves cooked and eaten as vegetable
<i>Ischaemum indicum</i>	Poaceae	Batiki Blue Grass	Kitham Lake (Raunakata)	Used as forage and cover grass to bind soil and reduce erosion
<i>Justicia adhatoda</i>	Acanthaceae	Adusa	Common	Green mature; leaves used to prepare traditional medicines used to cure cough, fever, asthma and dysentery
<i>Lagascea mollis</i>	Asteraceae	Silk Leaf	Kitham Lake (Raunakata)	Paste of the inflorescence with black pepper and cow milk given to cure dysentery
<i>Launaea nudicaulis</i>	Asteraceae	Bold-Leaf Launaea Kulhafia	Taj Nature Walk	The molluscicidal activity of aqueous extract
<i>L sarmentosa</i>	Asteraceae		Kitham Lake (Raunakata)	The juice of the plant used as a soporific for children
<i>Lindernia ciliata</i>	Linderniaceae		Taj Nature Walk	Used in the treatment of jaundice
<i>Ludwigia octovalvis</i>	Onagraceae	Colsm Mexican Primitos-e-Willow Kharrenti	Kitham Lake (Raunakata)	Used in the treatment of diarrhoea, dysentery, nervous diseases
<i>Mahasstrum coromandelianum</i>	Malvaceae		Taj Nature Walk	Antidiabetic and antihyperlipidemic activities on alloxan induced diabetic rats in acute and chronic study
<i>Marsilea quadrifolia</i>	Marsileeae	European Water Clover	Kitham Lake (Raunakata)	Juice made from the leaves diuretic and febrifuge
<i>Martynia annua</i>	Pedaliaceae	Hatajori	Taj Nature Walk	Plants parts used as scorpion biting treatment
<i>Merremia aegyptia</i>	Convolvulaceae	Hairy Woodrose	Kitham Lake (Raunakata)	The dried leaves used as dressing for burns
<i>Memarginata</i>	Convolvulaceae	Musakani	Kitham Lake (Raunakata)	Fried young leaves with groundnut oil and other spices used with bread, called Roti made

<i>M tuberosa</i>	Convolvulaceae	Wood Rose	Kitham Lake (Raunakata)	Vaidhya
<i>Mimosa pudica</i>	Fabaceae	Laajvanti and Chhui-Mui	Kitham Lake (Raunakata)	Vaidhya
<i>Momordica dioica</i>	Cucurbitaceae	Kankada	Chambal Safari (Bahpinahat, Agra)	Mallah
<i>Nicotiana plumbaginifolia</i>	Solanaceae	Janglitambakoo	Mau Forest	Mallah
<i>Ocimum americanum</i>	Lamiaceae	Lime Basi	Kitham Lake (Raunakata)	Brahman
<i>O gratissimum</i>	Lamiaceae	Clove Basil	Chambal Safari (Bahpinahat, Agra)	Brahman
<i>Oxalis corniculata</i>	Oxalidaceae	Tinpatiya	Taj Nature Walk	Vaidhya
<i>Parthenium</i> spp	Asteraceae	Gajargahas	Common	Vaidhya
<i>Acalypha indica</i>	Euphorbiaceae	Indian Copperleaf	Kitham Lake (Raunakata)	Vaidhya
<i>Pergularia daemia</i>	Asclepiadaceae	Forsk	Kitham Lake (Raunakata)	Vaidhya
<i>Peristrophe paniculata</i>	Acanthaceae	Kaknadi	Kitham Lake (Raunakata)	Vaidhya
<i>Peperomia pellucida</i>	Piperaceae	Alumbre	Kitham Lake (Raunakata)	Yadav
<i>Phyla nodiflora</i>	Verbenaceae	Bukkan, Jalpalpi	Taj Nature Walk	Yadav
<i>Physalis minima</i>	Solanaceae	Sunberry	Taj nature walk	Vaidhya
<i>Pistia stratiotes</i>	Araceae	Water Lettuce	Kitham Lake (Raunakata)	Vaidhya
<i>Portulaca oleracea</i>	Portulacaceae	Purslane Toothed Dock	Taj Nature Walk Taj Nature Walk	Jatav Vaidhya
<i>Rumex dentatus</i>	Polygonaceae			
<i>Rungia pectinata</i>	Acanthaceae	Comb Rungia	Chambal Safari (Bahpinahat, Agra)	Vaidhya
<i>R repens</i>	Acanthaceae	Kharmor	Taj Nature Walk	Vaidhya
<i>Saccharum munja</i>	Poaceae	Munja	Common	Mallah
from sorghum flour				
The tuber used as drastic purgative				
Can be applied externally on boils, ulcers, wounds, fungus and cuts				
Fresh fruit juice and cooked fruit in small amount of oil prescribed for hypertension and diabetes respectively				
Used as insecticide and against toothache				
Used for coughs; pounded leaves used for respiratory problems				
Flowers and leaves rich in essential oils; used in preparation of teas and infusion				
The juice of the plant given in jaundice and in stomach troubles				
Used as remedy for inflammation, eczema, skin rashes, herpes, rheumatic pain, cold, heart trouble and gynaecological ailments				
Anti-inflammatory, anti-tussive, antifungal and antibacterial; used for wounds healing				
Used as anthelmintic, laxative, antipyretic expectorant; used to treat infantile diarrhea and malarial intermittent fevers				
Roots used for the treatment of leucorrhoea, wounds and snake bites				
Leaves and stems eaten as vegetable				
In India the infusion of the dried leaves referred to as an excellent remedy for bronchial cough				
Fruits and flowers used in stomach pain and constipation				
Used for topical application for various skin diseases and taken orally as laxative and diuretic				
Used as a cooked or raw vegetable				
Extracts evaluated for antibacterial, antifungal, cytotoxic, antitumor and allopathic potential				
Bruised leaves applied to contusions to relieve pain and reduce swelling				
The herb dried and pulverized for use in the treatment of cough and fever				
Fibre used for making ropes				

<i>Senna occidentalis</i>	Fabaceae	Coffee Senna	Kitham Lake (Raunakata)	Vaidhya
<i>Saccharum spontaneum</i>	Poaceae	Kash	Kitham Lake (Raunakata)	Yadav
<i>Sida acuta</i>	Malvaceae	Broom Weed	Common	Yadav
<i>Solanum viarum</i>	Solanaceae	Tropical Soda Apple	Kitham Lake (Raunakata)	Vaidhya
<i>S.xanthocarpum</i>	Solanaceae	Kanteli	Common	Vaidhya
<i>S.nigrum</i>	Solanaceae	Makoi	Common	Brahman
<i>S.sisymbriifolium</i>	Solanaceae	Sticky Nightshade	Chambal Safari (Balpinahat, Agra)	Brahman
<i>Sonchus asper</i>	Asteraceae	Sow Thistle	Chambal Safari (Balpinahat, Agra)	Yadav
<i>Soleracea</i>	Asteraceae	Smooth Sowthistle	Taj Nature Walk	Mallah
<i>Spilanthes acmella</i>	Asteraceae	Akarkara	Mau Forest	Jatav
<i>Setaria viridis</i>	Poaceae	Green Foxtail	Common	Mallah
<i>Synedrella nodiflora</i>	Asteraceae	Synedrella	Kitham Lake (Raunakata)	Mallah
<i>Trianthema portulacastrum</i>	Aizoaceae	Santhi	Taj Nature Walk	Jatav
<i>Tribulus terrestris</i>	Zygophyllaceae	Gokhru/Gokshura	Chambal Safari (Balpinahat, Agra)	Vaidhya
<i>Tridax procumbens</i>	Asteraceae	Coatbuttons	Taj Nature Walk	Yadav
<i>Vernonia elliptica</i>	Asteraceae	Pardabel	Taj Nature Walk	No evidence
<i>Volutariella divaricata</i>	Asteraceae	Oligochaeta	Taj Nature Walk	Treatment of diarrhea, infertility, skin
<i>Waltheria indica</i>	Malvaceae	Sleepy Morning	Kitham Lake (Raunakata)	diseases, gonorrhea and for relieving pains
<i>Xanthium strumarium</i>	Asteraceae	Cocklebur	Taj Nature Walk	Useful in treating long-standing cases of malaria used as an adulterant for <i>Datura stramonium</i>

### Ethno-botanical aspect

The list of herbs directly involved with the life and culture of different local communities has been given in Table 1. Among them 5 animal fodder herb species were found in district Agra, Uttar Pradesh. The 14 species represented grasses. The herbs involved in the diverse needs of the different local community groups were categorized into 11 useful aspects. Amongst them 118 herbs were used in ethno-botany followed by 17 with edible plants and the remaining were used for various other uses like religious, medicinal, cultural, worshiping purposes etc. With respect to the parts of the herbs used for various ethnobotanical aspects these were bark, flowers, fruits, leaves, seeds, root etc. Mostly the herbs were used for curing human diseases and some veterinary diseases.

### CONCLUSION

The present study was conducted to enlist various ethno-botanical herbs of Agra district. It was found that the people had been using local herbs for various purposes. The preservation of this knowledge appears to be the result of continued reliance of local communities on medicinal and edible plants. There is need to conserve and domesticate these precious herbs as most of the species are on the way of extinct. Herbs are one of the most important components of the forests where the different local communities reside.

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